

SOMERSET SAUSAGE POTATO CASSEROLE

Ann Hellier, Eastney Lake

INGREDIENTS

1 tsp vegetable oil	1 onion chopped
8 large Cumberland sausages	1 tbsp plain flour
2 sticks celery, chopped	½ pint Somerset dry cider
1 leek sliced	1 red skinned eating apple quartered and chopped
1 large waxy potato peeled and cut into chunks	Salt and freshly ground black pepper

METHOD

Heat the oil and fry the sausages for 5 minutes

Using a slotted spoon transfer the sausages to a casserole dish. Add the celery, onion, leek and potato to the oil and fry for 5 minutes.

Stir in the flour and continue to cook for 1 minute. Gradually add the cider, then pour over the sausages with the apple.

Season to taste.

Cover and cook on gas mark 5 for 50 minutes.

BEETROOT CHUTNEY

Margaret Watts, Eastney Lake

INGREDIENTS

2 lb raw beetroot	1 pint vinegar
1 lb apples, peeled and cored	¼ tsp ground ginger
8 oz onions chopped	1 tsp salt
8 oz demerara sugar	Juice of 1 lemon
1 lb seedless raisins (optional but nice)	

METHOD

Cook beetroot in boiling water for 1½ hours until tender, then peel and dice.

Chop apples and place with onions, sugar and vinegar in a pan.

Bring to the boil, then simmer for 20 minutes

Add beetroot and rest of ingredients and simmer for a further 25 minutes.

When cool, spoon into clean jars and seal.

CONTENTS

- 2 Egg Tatties
- Spinach Pie
- 3 Baked Sour Cream Cheesecake
- Fresh Ginger, Parsnip and Orange Soup
- 4 Eve's Boil and Bake Cake
- Wild Blackberry Cobbler
- 5 Nettle Soup
- Cheesy Coleslaw
- 6 Carron's Crunchy Thai Salad
- Layered Berries and Yoghurt
- 7 Tagliatelle with Broad Beans, Courgettes, Goats Cheese & Mint
- Stilton, Pear and Potato Rolls
- 8 Beetroot Cake
- Pumpkin Bread
- 9 Pumpkin, Stilton and Apricot Soup
- Cream Cheese Lemon Cake
- 10 Courgette and Cinnamon Cake
- Stuffed Courgettes
- 11 Aubergine, Spinach and Courgette Casserole
- 12 Rhubarb Chutney
- Gloucester Pie
- 13 Coco-berry-nut Cake
- Cole Slaw
- 14 Apple Scones
- Spiced Roast Squash and Carrot Soup
- 15 Butternut Squash with Mozzarella Filling
- Pear, Carrot and Date Cake
- 16 Somerset Sausage Potato Casserole
- Beetroot Chutney